

The book was found

Physical Therapy (Quickstudy: Academic)

General Assessment			Musculoskeletal System		
Key Muscles & Nerve Roots to Test			General Patient		
Motor Function	Key Muscles	Nerve Roots	Joint	Position	Position
1. Upper extremities	1. Deltoid	1. C5	1. Shoulder	1. Flexion	1. Flexion
2. Lower extremities	2. Gluteus medius	2. L5	2. Hip	2. Flexion	2. Flexion
3. Cervical	3. Trapezius	3. C5	3. Neck	3. Flexion	3. Flexion
4. Thoracic	4. Pectoralis major	4. T5	4. Chest	4. Flexion	4. Flexion
5. Lumbar	5. Erector spinae	5. L5	5. Lower back	5. Flexion	5. Flexion
6. Sacral	6. Gluteus maximus	6. S1	6. Pelvis	6. Flexion	6. Flexion
7. Ankle	7. Gastrocnemius	7. S1	7. Ankle	7. Flexion	7. Flexion
8. Foot	8. Plantar flexion	8. S1	8. Foot	8. Flexion	8. Flexion
9. Hand	9. Wrist flexion	9. C6	9. Hand	9. Flexion	9. Flexion
10. Finger	10. Finger flexion	10. C7	10. Finger	10. Flexion	10. Flexion
11. Thumb	11. Thumb flexion	11. C8	11. Thumb	11. Flexion	11. Flexion
12. Toe	12. Toe flexion	12. L5	12. Toe	12. Flexion	12. Flexion
13. Heel	13. Heel flexion	13. S1	13. Heel	13. Flexion	13. Flexion
14. Arch	14. Arch flexion	14. S1	14. Arch	14. Flexion	14. Flexion
15. Ball	15. Ball flexion	15. S1	15. Ball	15. Flexion	15. Flexion
16. Toe	16. Toe flexion	16. S1	16. Toe	16. Flexion	16. Flexion
17. Heel	17. Heel flexion	17. S1	17. Heel	17. Flexion	17. Flexion
18. Arch	18. Arch flexion	18. S1	18. Arch	18. Flexion	18. Flexion
19. Ball	19. Ball flexion	19. S1	19. Ball	19. Flexion	19. Flexion
20. Toe	20. Toe flexion	20. S1	20. Toe	20. Flexion	20. Flexion
21. Heel	21. Heel flexion	21. S1	21. Heel	21. Flexion	21. Flexion
22. Arch	22. Arch flexion	22. S1	22. Arch	22. Flexion	22. Flexion
23. Ball	23. Ball flexion	23. S1	23. Ball	23. Flexion	23. Flexion
24. Toe	24. Toe flexion	24. S1	24. Toe	24. Flexion	24. Flexion
25. Heel	25. Heel flexion	25. S1	25. Heel	25. Flexion	25. Flexion
26. Arch	26. Arch flexion	26. S1	26. Arch	26. Flexion	26. Flexion
27. Ball	27. Ball flexion	27. S1	27. Ball	27. Flexion	27. Flexion
28. Toe	28. Toe flexion	28. S1	28. Toe	28. Flexion	28. Flexion
29. Heel	29. Heel flexion	29. S1	29. Heel	29. Flexion	29. Flexion
30. Arch	30. Arch flexion	30. S1	30. Arch	30. Flexion	30. Flexion
31. Ball	31. Ball flexion	31. S1	31. Ball	31. Flexion	31. Flexion
32. Toe	32. Toe flexion	32. S1	32. Toe	32. Flexion	32. Flexion
33. Heel	33. Heel flexion	33. S1	33. Heel	33. Flexion	33. Flexion
34. Arch	34. Arch flexion	34. S1	34. Arch	34. Flexion	34. Flexion
35. Ball	35. Ball flexion	35. S1	35. Ball	35. Flexion	35. Flexion
36. Toe	36. Toe flexion	36. S1	36. Toe	36. Flexion	36. Flexion
37. Heel	37. Heel flexion	37. S1	37. Heel	37. Flexion	37. Flexion
38. Arch	38. Arch flexion	38. S1	38. Arch	38. Flexion	38. Flexion
39. Ball	39. Ball flexion	39. S1	39. Ball	39. Flexion	39. Flexion
40. Toe	40. Toe flexion	40. S1	40. Toe	40. Flexion	40. Flexion
41. Heel	41. Heel flexion	41. S1	41. Heel	41. Flexion	41. Flexion
42. Arch	42. Arch flexion	42. S1	42. Arch	42. Flexion	42. Flexion
43. Ball	43. Ball flexion	43. S1	43. Ball	43. Flexion	43. Flexion
44. Toe	44. Toe flexion	44. S1	44. Toe	44. Flexion	44. Flexion
45. Heel	45. Heel flexion	45. S1	45. Heel	45. Flexion	45. Flexion
46. Arch	46. Arch flexion	46. S1	46. Arch	46. Flexion	46. Flexion
47. Ball	47. Ball flexion	47. S1	47. Ball	47. Flexion	47. Flexion
48. Toe	48. Toe flexion	48. S1	48. Toe	48. Flexion	48. Flexion
49. Heel	49. Heel flexion	49. S1	49. Heel	49. Flexion	49. Flexion
50. Arch	50. Arch flexion	50. S1	50. Arch	50. Flexion	50. Flexion
51. Ball	51. Ball flexion	51. S1	51. Ball	51. Flexion	51. Flexion
52. Toe	52. Toe flexion	52. S1	52. Toe	52. Flexion	52. Flexion
53. Heel	53. Heel flexion	53. S1	53. Heel	53. Flexion	53. Flexion
54. Arch	54. Arch flexion	54. S1	54. Arch	54. Flexion	54. Flexion
55. Ball	55. Ball flexion	55. S1	55. Ball	55. Flexion	55. Flexion
56. Toe	56. Toe flexion	56. S1	56. Toe	56. Flexion	56. Flexion
57. Heel	57. Heel flexion	57. S1	57. Heel	57. Flexion	57. Flexion
58. Arch	58. Arch flexion	58. S1	58. Arch	58. Flexion	58. Flexion
59. Ball	59. Ball flexion	59. S1	59. Ball	59. Flexion	59. Flexion
60. Toe	60. Toe flexion	60. S1	60. Toe	60. Flexion	60. Flexion
61. Heel	61. Heel flexion	61. S1	61. Heel	61. Flexion	61. Flexion
62. Arch	62. Arch flexion	62. S1	62. Arch	62. Flexion	62. Flexion
63. Ball	63. Ball flexion	63. S1	63. Ball	63. Flexion	63. Flexion
64. Toe	64. Toe flexion	64. S1	64. Toe	64. Flexion	64. Flexion
65. Heel	65. Heel flexion	65. S1	65. Heel	65. Flexion	65. Flexion
66. Arch	66. Arch flexion	66. S1	66. Arch	66. Flexion	66. Flexion
67. Ball	67. Ball flexion	67. S1	67. Ball	67. Flexion	67. Flexion
68. Toe	68. Toe flexion	68. S1	68. Toe	68. Flexion	68. Flexion
69. Heel	69. Heel flexion	69. S1	69. Heel	69. Flexion	69. Flexion
70. Arch	70. Arch flexion	70. S1	70. Arch	70. Flexion	70. Flexion
71. Ball	71. Ball flexion	71. S1	71. Ball	71. Flexion	71. Flexion
72. Toe	72. Toe flexion	72. S1	72. Toe	72. Flexion	72. Flexion
73. Heel	73. Heel flexion	73. S1	73. Heel	73. Flexion	73. Flexion
74. Arch	74. Arch flexion	74. S1	74. Arch	74. Flexion	74. Flexion
75. Ball	75. Ball flexion	75. S1	75. Ball	75. Flexion	75. Flexion
76. Toe	76. Toe flexion	76. S1	76. Toe	76. Flexion	76. Flexion
77. Heel	77. Heel flexion	77. S1	77. Heel	77. Flexion	77. Flexion
78. Arch	78. Arch flexion	78. S1	78. Arch	78. Flexion	78. Flexion
79. Ball	79. Ball flexion	79. S1	79. Ball	79. Flexion	79. Flexion
80. Toe	80. Toe flexion	80. S1	80. Toe	80. Flexion	80. Flexion
81. Heel	81. Heel flexion	81. S1	81. Heel	81. Flexion	81. Flexion
82. Arch	82. Arch flexion	82. S1	82. Arch	82. Flexion	82. Flexion
83. Ball	83. Ball flexion	83. S1	83. Ball	83. Flexion	83. Flexion
84. Toe	84. Toe flexion	84. S1	84. Toe	84. Flexion	84. Flexion
85. Heel	85. Heel flexion	85. S1	85. Heel	85. Flexion	85. Flexion
86. Arch	86. Arch flexion	86. S1	86. Arch	86. Flexion	86. Flexion
87. Ball	87. Ball flexion	87. S1	87. Ball	87. Flexion	87. Flexion
88. Toe	88. Toe flexion	88. S1	88. Toe	88. Flexion	88. Flexion
89. Heel	89. Heel flexion	89. S1	89. Heel	89. Flexion	89. Flexion
90. Arch	90. Arch flexion	90. S1	90. Arch	90. Flexion	90. Flexion
91. Ball	91. Ball flexion	91. S1	91. Ball	91. Flexion	91. Flexion
92. Toe	92. Toe flexion	92. S1	92. Toe	92. Flexion	92. Flexion
93. Heel	93. Heel flexion	93. S1	93. Heel	93. Flexion	93. Flexion
94. Arch	94. Arch flexion	94. S1	94. Arch	94. Flexion	94. Flexion
95. Ball	95. Ball flexion	95. S1	95. Ball	95. Flexion	95. Flexion
96. Toe	96. Toe flexion	96. S1	96. Toe	96. Flexion	96. Flexion
97. Heel	97. Heel flexion	97. S1	97. Heel	97. Flexion	97. Flexion
98. Arch	98. Arch flexion	98. S1	98. Arch	98. Flexion	98. Flexion
99. Ball	99. Ball flexion	99. S1	99. Ball	99. Flexion	99. Flexion
100. Toe	100. Toe flexion	100. S1	100. Toe	100. Flexion	100. Flexion



Synopsis

Comprehensive guide on definitions and assessments related to the Physical Therapy field.

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Customer Reviews

Great product for the physical therapy profession for a quick reference. I am a PTA student and found this very helpful during my clinical rotations as a refresher and reference. The only down side is the print is pretty small which can make it hard to read. It is nicely laminated and fits into a binder. I recommend this for students and entry level PTs or PTAs.

This is a really nice reference guide! It has a lot of helpful reminders. It is coming in handy with my studying for my license. It is also nice to have at my clinical site. My CI and other therapist were jealous. It doesn't have EVERYTHING but if you are in physical therapy school or a physical therapist you would know that would be impossible anyway especially for it only being 6 pages.

Excellent quality and easy to read for the quick reference needs. I find these laminated charts especially useful when completing my notes and I want to recall a particular region, its components, and the correct spelling,

When I first saw this reference sheet on here I thought it would be a great resource to have for my

first clinical experience! I really thought this would be a single laminated sheet with information on the front and in the back, but when i received and opened the pamphlet I was pleasantly surprised! The information is well organized under headings and easy to find. I think what I love best about this guide is that everything is extremely concise and the most important things that we would need to know are outlined. For example in the Neuro section, they go into the grading of reflexes and spasticity (things that aren't necessarily that easy for me to remember). I actually bought an additional 4 as gifts for some friends in my program as a Christmas gift! I will definitely update my review when I get their input/opinions on this quick reference guide! So far however, I think its great and I am extremely happy with my purchase!

A lot of information packed into an 8.5x11 sized laminated sheet! Information is useful as well! Great not just for PT students but would be handy for medical and nursing students as well!

These Quickstudy Chart are so handy, I keep them in a folder and refer to them daily. The quality to very good

quick study guide - especially for use during clinicals or in the clinic. fits easily on the clipboard, and the laminate helps for protection.

it's easy reading and visual for the idea of purpose intended. The color codes can help identify and separate general thoughts.

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